

The 2nd International
Lady of the Lake Epee Challenge
European Cadet Circuit

Montreux, Switzerland
8-9 October 2011

WEAPON: Women's Epée

AGE CATEGORY: Cadet girls born in 1995 or later

VENUE: Salle Omnisports du Pierrier, rue du Torrent, 1815 Clarens (Montreux), Switzerland. The sports center is situated directly on shores of Lake Lemman (Lake Geneva) between the towns of Vevey and Montreux about 2 km from the center of Montreux. Parking is available at the site.

COMPETITION FORMAT:

- Two rounds of pools of 6-7 fencers, approx. 25% eliminated after each round
- Direct elimination with repechage starting from T-32
- Finals without fence-off for 3rd place
- Trophies awarded to first 8 places.

EFC regulations will apply throughout the competition.

ENTRIES: The competition is open to all countries. An entry fee of 15 € (or 20 CHF) per fencer must be paid at check-in. All entries must be made through the fencer's national federation via the EFC website on or before **September 30th 2011**. As per EFC regulations, not more than 20 entries per country can be accepted apart from the host nation where a maximum of 64 is allowed.

PROGRAM:

Friday, 7 October 2011

Check-in and equipment check 17:00 - 20:00

Saturday, 8 October 2011

Check-in and equipment check 7:30 – 8:30

Appel 8:30

2 rounds of pools, direct elimination through T-64 9:00 – 18:30

Sunday, 9 October 2011

T-32 with repechage and Finals 9:30

Awards ceremony 15:00

EQUIPMENT: FIE standard equipment will be required, i.e., 800N clothing, 1600N mask and FIE approved blade. Printing of the fencer's name on the back of the jacket is **NOT** required.

REFEREES: Each participating country must supply at its expense the number of qualified referees indicated in the table below. These referees should be registered on the EFC website by their respective national federation.

Number of Entries	Number of Referees
1 - 4	0
5 - 9	1
10 - 15	2
16 - 20	3

Failure to comply with this rule will result in a **500 €** fine for each referee short of the required number. This fine must be paid before any fencers from the offending country will be allowed to compete.

LIABILITY: All fencers participate in this competition at their own risk. The organizers decline all responsibility in case of accident, loss of property or damage thereof.

ORGANIZATION: *Société d'Esgrime Vevey-Montreux (SEVM) and Swiss Fencing.*

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WEBSITE: For all information pertaining to the Lady of the Lake Epee Challenge, please consult the website <http://www.lol-epee.ch/>.



TRAVEL INFORMATION

The venue for the tournament is in *Clarens*, a small town on Lake Lemman (or Lake Geneva) located just outside of *Montreux*. The region, known as the *Swiss Riviera*, has two principal towns: *Vevey* and *Montreux*. These two and the smaller towns of *La Tour-de-Peilz*, *Clarens*, *Veytaux* and *Territet* form a continuous agglomeration along the northeastern shore of Lake Lemman extending over a distance of 5 to 6 km. A bus and regional train network provides convenient public transportation between the localities. Hotels and restaurants are mainly concentrated in *Montreux* and *Vevey*; however, there are a number of convenient hotels in the smaller towns.

The *Swiss Riviera* is known for its mild climate and in early October, the weather should be sunny with temperatures around 20° C (68° F) during the day and 12° C (54° F) at night.

TRAVEL DIRECTIONS: Closest airport: *Geneva, Switzerland (GVA)*;

Train station: *Montreux*.

Transportation from Geneva airport to Vevey/Montreux (90 km)

- **Train** – take train directly from the airport to *Vevey* or *Montreux*. In general, several trains per hour are available. Travel time: approx 1h15; Fare: 64.- CHF 2nd class, round trip; Train information may be found at <http://www.cff.ch>.
- **Car** – take highway to *Lausanne* then *Vevey/Montreux*. Driving time : approx. 1 hour

GETTING TO THE VENUE

The *Salle Omnisports du Pierrier* is situated on the lakeshore about 2 km from the center of *Montreux* and is easily accessible by foot, car or bus (Bus Nr. 1 stop: *Dépôt VMCV*).

From Montreux center (2 km):

- By foot – the lakeside walk leads directly to the fencing hall. Walk towards Vevey (lake on the left)
- Bus - No. 1 along lake road. Direction: Vevey, Travel time: 6 min.

From Vevey center (4.5 km):

- Bus No.1 along Lake Road. Direction: Montreux, Travel time : 15 min

From La Tour-de-Peilz (3 km):

- Bus No.1 along lake road. Direction: Montreux, Travel time : 8 min.

From Veytaux (4.5 km):

- Bus No.1 along lake road. Direction: Montreux/Vevey, Travel time: 10 min.

From Villeneuve (6.5 km):

- Bus - No. 1 along lake road. Direction: Montreux/Vevey, Travel time: 18 min

ACCOMODATIONS

Always mention the *Lady of the Lake* fencing tournament when reserving or requesting information. The organizing committee is in constant contact with the hotels and it is possible that a hotel not listed below has offered a special price since the publication of this list. Breakfast is usually included in the hotel rates along with service and VAT sales tax. Hotels also charge a "hotel" tax which may or may not be included. This tax varies depending on the category of the hotel and its location but expect an average rate of 3 CHF/person/days. Guests at hotels in the Montreux-Vevey region also receive the *Riviera Card* which entitles the holder to free transportation on the local bus lines and a 50% reduction on train and boat excursions and entry fees to museums and other attractions in the region.

The following hotels are offering special prices for participants of the *Lady of the Lake* tournament. Be sure to mention *fencing* or *esgrime* in order to get the special rate:

Five stars

- Fairmont Le Montreux Palace, Grand-rue 100, CH-1820 Montreux, www.montreux-palace.ch, www.fairmont.com/montreux, conveniently located, Double 295.- CHF/room/night, breakfast included plus free access to spa facilities.
- Hotel des Trois Couronnes, rue d'Italie 40, CH-1800 Vevey, luxury lakeside hotel, www.hoteltroiscouronnes.ch, Single 370.- CHF, Single occupation of a junior suite or suite 570.- CHF, rates per room per night, breakfast buffet included, free access to spa, plus hotel tax 4.80 CHF/person/day.
- Royal Plaza Montreux & Spa, Grand-rue 97, CH-1820 Montreux, www.royalplaza.ch, conveniently located, Single 245.- CHF, Double 285.- CHF, rates per room per night, breakfast included, plus hotel tax.

Four stars

- Grand Hotel Suisse-Majestic, Ave. Des Alpes 45, CH-1820 Montreux, www.suisse-majestic.com, Comfort Single 210.- CHF, Comfort Double 290.- CHF, Deluxe Single 250.- CHF, Deluxe Double 330.- CHF, rates per room per night, breakfast buffet 24.- CHF, plus hotel tax 2.80 CHF/person/day.
- Best Western Eurotel Riviera Montreux, Grand-rue 81, CH-1820 Montreux, www.eurotelriviera.ch, located on lakeside, Single 190.- CHF, Double 250.- CHF, rates per room per night, breakfast included, plus hotel tax 2.80 CHF/person/day.
- Hotel Eden Palace, rue du Théâtre 11, CH-1820 Montreux, www.edenpalace.ch, lakeside hotel, Double 205.- CHF/single occupation 155.- CHF, rates per room per night, breakfast included, plus hotel tax 3.80 CHF/person/day.
- Golf-Hotel René Capt, 35, rue Bon Port, CH-1820 Montreux, lakeside hotel, www.golf-hotel-montreux.ch, Double 250.- CHF/ room/night. Breakfast and hotel tax included.
- Villa Toscane, Rue du Lac, 2-8, CH-1820 Montreux, www.villatoscane.ch, Single 135.- CHF, Double 185.- CHF, rates per room per night, breakfast included (at Royal Plaza), plus hotel tax.

Three stars

- Hotel du Port, rue du Quai 6, CH-1844 Villeneuve, www.duport.ch, lakeside hotel 20 min from venue, Double 150.- CHF, Triple 195.- CHF, Quadruple 240.- CHF, rates per room per night, breakfast included, plus hotel tax 2.80 CHF/person/day
- Hotel Masson, rue Bonivard 5, CH-1820 Montreux-Veytaux, www.hotelmasson.ch near the Château de Chillon, Double 180.- CHF, Triple 240.- CHF, Quadruple 300.- CHF, rates per room per night, breakfast included, plus hotel tax 2.30 CHF/person/day.
- Tralala Hotel, rue du Temple 2, CH-1820 Montreux, www.tralalahotel.ch, hotel in the heights of Montreux, minimum of 10 rooms, Single 132.80 CHF, Double 195.60 CHF, rates per room per night, breakfast and hotel tax included.
- Hotel Bon-Port, rue du Théâtre 4, CH-1820 Montreux, www.montreux.ch/bon-port, lakeside hotel, 15 rooms subject to availability, Single 157.80 CHF, Double 190.60 CHF, rates per room per night, breakfast and hotel tax included.
- Hotel Helvetie, Av. du Casino 32, CH-1820 Montreux, www.helvetie.ch, rooms subject to availability, Double 150.- CHF/room/night, breakfast included, plus hotel tax 3.40 CHF/person/day.
- Hotel de Famille, rue des Communaux 20, CH-1800 Vevey, www.hotelfamille.ch, conveniently located next to railway station, Single 130.- CHF, Double 220.- CHF, rates per room per night, breakfast included, plus hotel tax 2.80 CHF/person/day .

Two stars

- Hostellerie de Genève, place du Marché 11, CH-1800 Vevey, in center of Vevey, near lake, 3 min. walking distance to bus. www.hotelgeneve.ch, Single 110.- CHF, Double 200.- CHF, single occupation 130.- CHF, rates per room per night, breakfast and hotel tax included.
- Hotel les Négociants, rue du Conseil 27, CH-1800 Vevey, in center of Vevey, <http://www.hotelnegociants.ch/>, Double 150.- CHF/room/night, breakfast NOT included, plus hotel tax 2.80 CHF/person/day.

- La Rouvenaz, rue du Marché1, CH-1820 Montreux, www.rouvenaz.ch, center of Montreux, Double 176.- CHF/room/night, breakfast and hotel tax included.

The following are a few selected hotels outside of Montreux:

- Auberge Communale, route des Deux-Villages 78, CH-1806 St-Légier, 2-star country style inn near Vevey, www.auberge-communale-st-legier.ch

Youth Hostels:

- Riviera Lodge, place du Marché 5, CH-1800 Vevey. Economy inn with large rooms and multiple beds for families. Located on the Place du Marché of Vevey within 5 minutes walking distance from the railway station. Double as low as 50.- CHF/person/night depending on room. www.rivieralodge.ch
- Montreux-Territet Youth Hostel, Passage de l'Auberge 8, CH-1820 Montreux-Territet. Tel: +41 21 963 4934, Fax: +41 21 963 2729, montreux@youthhostel.ch

Hotels in La Tour-de-Peilz:

- Hostellerie Bon Rivage, route de St. Maurice 18, CH-1814 La Tour-de-Peilz, 3-star hotel with magnificent location on the lake between Vevey et Montreux, Parking available. About 8 min from the venue by Bus No. 1. www.bon-rivage.ch
- Hotel de la Vieille Tour, Grand Rue 43, CH-1814 La Tour-de-Peilz, 3-star hotel next to the Château de la Tour-de-Peilz and marina. About 9 min from the venue by Bus No. 1. www.vieilletour.ch.

For other hotels in Montreux and the region, please consult <http://www.montreux.ch/hotels/>.

See also: <http://www.myswitzerland.com/en/accommodation.html>