



Société d'Esgrime
Vevey-Montreux



The 5th International Lady of the Lake Epee Challenge

European Cadet Circuit
Individual Competition

Montreux, Switzerland
11 October 2014

WEAPON: Women's Epee

AGE CATEGORY: Girls born between 1st Jan. 1998 and 1st Jan. 2003

VENUE: Salle Omnisports du Pierrier, rue du Torrent, 1815 Clarens (Montreux), Switzerland. The sports center is situated directly on shores of Lake Lemman (Lake Geneva) between the towns of Vevey and Montreux about 2 km from the center of Montreux. Snack bar and free parking is available at the site.

COMPETITION FORMAT: Individual competition

- One round of pools of 6-7 fencers, approx 25% eliminated
- Direct elimination with repechage starting from T-32
- Finals without fence-off for 3rd place
- Trophies awarded to first 8 places.

EFC regulations will apply throughout the competition.

ENTRIES: The competition is open to all countries. An entry fee of **20 €** (or 25 CHF) per fencer must be paid at check-in. **All entries must be made through the fencer's national federation and the EFC website on or before October 4th 2013.** As per EFC regulations, not more than 20 individual entries per country can be accepted apart from the host nation where a maximum of 64 is allowed.

PROGRAM:

Friday, 10 October 2014	
Check-in and equipment check	17:00 - 20:00
Saturday, 11 October 2014 Individual Competition	
Check-in and equipment check	7:30 - 8:30
Appel	8:30
Pools and direct elimination as per the competition format	9:00 - 18:30

EQUIPMENT: FIE standard equipment will be required, i.e., 800N clothing, 1600N mask and FIE approved blade. Printing of the fencer's name on the back of the jacket is **NOT** required.

REFEREES:

Individual Competition: Each participating country must supply at its expense the number of qualified referees indicated in the table below. These referees should be registered on the EFC website by their respective national federation.

Entries	Referees
1 - 4	0
5 - 9	1
10 - 15	2
16 - 20	3

Failure to comply with this rule will result in a **500 €** fine for each referee short of the required number. This fine must be paid before any fencers from the offending country will be allowed to compete



SEVM - case postale 477 – 1814 La Tour-de-Peilz, Switzerland

<http://www.sevm.ch> E-mail : info@sevm.ch



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LIABILITY: All fencers participate in this competition at their own risk. The organizers decline all responsibility in case of accident, loss of property or damage thereof.

ORGANIZATION: *Société d'Esgrime Vevey-Montreux (SEVM).*
Contact: William LEO, president@sevm.ch, +41 (0)78 731 7674

WEBSITE: For all information pertaining to the Lady of the Lake Epee Challenge, please consult the website <http://www.lol-epée.ch/>.

TRAVEL INFORMATION

The venue for the tournament is in *Clarens*, a small town on Lake Lemman (or Lake Geneva) located just outside of *Montreux*. The region, known as the *Swiss Riviera*, has two principal towns: *Vevey* and *Montreux*. These two and the smaller towns of *La Tour-de-Peilz*, *Clarens*, *Veytaux* and *Territet* form a continuous agglomeration along the northeastern shore of Lake Lemman which extends over a distance of about 10 km. A bus and regional train network provides convenient public transportation between the localities. Hotels and restaurants are mainly concentrated in *Montreux* and *Vevey*; however, there are a number of convenient hotels in the smaller towns.

The *Swiss Riviera* is known for its mild climate and in early October, the weather should be sunny with temperatures around 20° C (68° F) during the day and 12° C (54° F) at night.

TRAVEL DIRECTIONS: Closest airport: *Geneva, Switzerland (GVA)*;
Train station: *Montreux*.

Transportation from Geneva airport to Vevey/Montreux (90 km)

- **Train** – take train directly from the airport to *Vevey* or *Montreux*.
- In general, four trains per hour are available. Travel time: approx 75 min;
Fare: 68.- CHF 2nd class, round trip; Train information may be found at <http://www.cff.ch>.

- **Car** – take highway to *Lausanne* then *Vevey/Montreux*. Driving time: approx. 1 hour.

GETTING TO THE VENUE

The *Salle Omnisports du Pierrier* is situated on the lakeshore about 2 km from the center of *Montreux* and is easily accessible by foot, car or bus (Bus Nr. 201 stop: *Dépôt VMCV*).

From *Montreux* center (2 km):

- By foot – the lakeside walk leads directly to the fencing hall. Walk towards *Vevey* (lake on the left)
- Bus - No.201 along lake road. Direction: *Vevey*, Travel time: 6 min.

From *Vevey* center (4.5 km):

- Bus No.201 along Lake Road. Direction: *Montreux*, Travel time : 15 min

From *La Tour-de-Peilz* (3 km):

- Bus No.201 along lake road. Direction: *Montreux*, Travel time : 8 min.

From *Veytaux* (4.5 km):

- Bus No.201 along lake road. Direction: *Montreux*, Travel time: 10 min.

From *Villeneuve* (6.5 km):

- Bus - No. 201 along lake road. Direction: *Montreux*, Travel time: 18 min

ACCOMODATIONS

Low Cost Accommodations for Sports Groups

A number of low cost lodgings are available to fencers arriving as a sports team or group. These facilities are not open to individuals and are available on a first come, first serve basis, so it is **important to reserve as early as possible**. Please contact **William Leo** at president@sevm.ch or **Khashy Saleki** at maitredarmes@sevm.ch if you are interested.





Dormitory at the Salle du Pierrier – Over 40 beds are available in several rooms on the floor above the competition venue. Showers, a large kitchen and dining room are available.

- 3 rooms with 2 beds
- 1 room with 18 beds
- 1 room with 24 beds

Users should bring a sleeping bag and a pillow case as well as personal hygiene items, i.e., towels, soap, etc.

A fixed fee of **120.- CHF/night** is charged for the first **15 people**. With **16 or more** people, a fee of **8.- CHF/person/night** is charged instead. The use of the kitchen and dining facility is priced at 50.- CHF/night. With the configuration of the rooms, two separate delegations can easily be accommodated, more depending on willingness to share rooms.

Civil Protection Shelters in Clarens - similar to the dormitory at the Salle du Pierrier, but located at the *Centre Sanitaire Protégé*, Av. Vinet 8, 1815 Clarens, about 3 blocks from the venue. Showers and kitchen are available. A minimum of 15 people is required at 12.- CHF/person/night. Use of kitchen without dishes : 80.- CHF/day. **Please bring sleeping bag and personal hygiene items.**

Lodge "Mon Séjour" in Aigle – This facility is located in the town of **Aigle** about 20 minutes by car from the competition venue and offers a higher level of accommodation. It is used mainly by cyclists coming to train at the *World Cycling Center* but is open to all sports groups. For photos and more info see : <http://www.cmc-aigle.ch/F/> , click on **Hébergement**.

Configuration of rooms :

- 8 rooms with 2 beds
- 2 rooms with 3 beds
- 3 rooms with 4 beds
- 2 rooms with 8 beds

Sheets and pillows are provided, however, personal hygiene items, i.e., towels, soap, etc. should be brought by each person.

Prices are 35.- CHF/person/night. Breakfast can also be had at 7.- CHF. Some rooms have already been reserved for this October, so please reserve as soon as possible !

Hotels

Montreux is a resort town dotted with many hotels in the 3 to 5 star categories. When reserving or requesting information from a hotel, **always** mention your participation in the *Lady of the Lake* fencing tournament. The organizing committee is in constant contact with the hotels in the region and it is possible that a hotel not listed below has offered a special price since the publication of this list. Breakfast is usually included in the hotel rates along with service and VAT sales tax. Hotels also charge a "hotel" tax which may or may not be included. This tax varies depending on the category of the hotel and its location but expect an average rate of 5 CHF/person/day. Guests at hotels in the Montreux-Vevey region also receive the *Riviera Card* which entitles the holder to free transportation on the local bus lines and a 50% reduction on train and boat excursions, entry fees to museums and other attractions in the region. For a list of hotels in the region, please consult : www.montreux.ch and www.myswitzerland.com/fr/hotels/.

The following hotels are offering special prices for participants of the *Lady of the Lake* tournament. Be sure to mention *Lady of the Lake Epee Challenge* in order to get the special rate:

Five stars

- **Fairmont Le Montreux Palace**, Grand-rue 100, CH-1820 Montreux, www.montreux-palace.ch, www.fairmont.com/montreux, conveniently located, Double with mountain view 295.- CHF/room/night, Double with lakeside view 415.- CHF/room/night, breakfast buffet and free access to spa included.
- **Hotel des Trois Couronnes**, rue d'Italie 40, CH-1800 Vevey, historic luxury lakeside hotel, www.hoteltroiscouronnes.ch, Double "supérieur" with street view 365.-, Double "executive" with lake view 400.- CHF/ room/night, Double "deluxe" with view of lake and Alps 455.- CHF. Breakfast buffet included, free access to spa, plus hotel tax 6.50 CHF/person/day.
- **Royal Plaza Montreux & Spa**, Ave. Claude Nobs 7, CH-1820 Montreux, www.royalplaza.ch, conveniently located on lake, Single 225.- CHF, Double 255.-





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CHF, rates per room per night, breakfast buffet, free access to spa included. Hotel taxes : 6.50 CHF/person/night. To obtain special prices, please mention *Lady of the Lake Epee Challenge* when reserving.

Four stars

- **Hotel Eden Palace**, rue du Théâtre 11, CH-1820 Montreux, www.edenpalace.ch, Very pleasant lakeside hotel, Single 155.- CHF/night, Double 185.- CHF/night, breakfast, service and VAT included. Free access to wellness center. Hotel tax: 5.- CHF /person/day.
- **Suisse Majestic Grand Hotel**, Ave des Alpes 45, CH-1850 Montreux, www.suisse-majestic.com. Single with view of Montreux 160.- CHF/night, Single with view on lake 190.- CHF/night, Double with view of Montreux 210.- CHF, Double with view on lake 250.- CHF. Breakfast included. Hotel tax: 4.- CHF
- **Best Western Eurotel Riviera Montreux**, Grand-rue 81, CH-1820 Montreux, www.eurotel-montreux.ch, located on lake promenade. Single with balcony and lake view: 168.- CHF, Double with balcony and lake view : 228.- CHF, rates per room per night, breakfast buffet, service and VAT included. Hotel tax: 4.- CHF.
- **Astra Hotel**, Place de la Gare 4, CH-1800 Vevey, <http://www.astra-hotel.ch/>, conveniently located next to the train station and bus stop in Vevey. Single 130.- CHF, Double 150.- CHF, price per room per night. Breakfast buffet, service and VAT charges included. Hotel tax : 4.- CHF/person/night.
- **Villa Toscane**, Rue du Lac, 2-8, CH-1820 Montreux, www.villatoscane.ch, Single 140.- CHF, Double 170.- CHF, rates per room per night, breakfast buffet included (at Royal Plaza). Hotel taxes: 5.00 CHF/person/night. Please mention : *Lady of the Lake Epee Challenge* when reserving.
- **Hotel Lavaux**, route cantonale, 1096 Cully, hotel located on the lake road at the foot of the Lavaux vineyards, a World Heritage UNESCO site, about 20 min from venue. <http://www.hotellavaux.ch>; Double with vineyard view 140.- CHF, Double with lake view 160.- CHF/room/night; Breakfast : 18.- CHF; Hotel tax : 3.50

CHF/person/night. Please mention *Lady of the Lake Epee Challenge* when reserving.

Three stars

- **Hotel de Famille**, rue des Communaux 20, CH-1800 Vevey, www.hotelfamille.ch, conveniently located next to railway station, Double 160.- CHF, Triple 190.- CHF, rates per room per night, breakfast, service TVA included. Hotel tax 3.00 CHF/ adult (> 16 yrs)/day. To obtain special rate, please reserve via internet putting the promotional code: *LADY* in the box in the upper right corner.
- **Hotel Masson**, rue Bonivard 5, CH-1820 Montreux-Veytaux, www.hotelmasson.ch, historic hotel near the Château de Chillon, Single 100.- CHF, Double 170.- CHF, Triple 230.- CHF, Quadruple 280.- CHF, rates per room per night, breakfast buffet, VAT and service included. Hotel tax 3.00 CHF/person/day.
- **Hotel de la Vieille Tour**, Grand Rue 43, CH-1814 La Tour-de-Peilz, 3-star hotel next to the Château de la Tour-de-Peilz and marina. About 9 min from the venue by Bus No. 201. Bus stop located directly in front of the hotel. www.vieilletour.ch. Single 114.- CHF, Double 158.- CHF/room/night, one extra bed for child accompanying parents (> 12 yrs old): +50.- CHF. Breakfast and VAT included. Hotel tax: 3.- CHF/person/night.
- **Tralala Hotel**, rue du Temple 2, CH-1820 Montreux, www.tralalahotel.ch, Interesting hotel with rooms designed around the theme of music located in the heights of Montreux, Single 133.- CHF, Double 186 CHF, rates per room per night, breakfast and hotel tax included.

Youth Hostels

- **Montreux-Territet Youth Hostel**, Passage de l'Auberge 8, CH-1820 Montreux-Territet. Tel: +41 21 963 4934, Fax: +41 21 963 2729, montreux@youthhostel.ch





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The *Société d'Esgrime Vevey-Montreux* and its sponsors welcome you to Montreux and the Swiss Riviera



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